

Ocean Partnership for Children
 Provider Report to Child/Family Team

Please complete monthly and email to providers@oceanpartnership.org

Agency Name	Ocean Partnership for Children	Service Provided	IIC
Youth's Name	John	Care Managers Name	Victoria
Auth Report Period	1/8/2015-3/11/2015	Date of Service(s)	1/12, 1/26, 2/8, 2/14, 2/21, 3/2
Diagnosis	Major Depression		

Presenting challenge you are you working on with child/youth & family?

To address symptoms of depression include periods of sadness, irritability and poor self-esteem. In addition, over the past few months John has had difficulty coping with stressors; John has reacted to stressors with a brief increase in depressive symptoms, including increased sleep and loss of interests.
 Family needs education and support in understanding John's needs.

Goals

Youth will become involved in at least one additional extracurricular activity or sport. - will learn coping skills, including problem solving and emotional regulation. This will be measured by him demonstrating these skills during therapy sessions and bringing in homework assignments for two consecutive weeks that show she practiced them between sessions. - will learn to identify maladaptive, negative thoughts and how to replace them with more positive, adaptive thoughts. This will be measured by him demonstrating these skills during therapy sessions, family feedback bringing in homework assignments for two consecutive weeks that show he practiced them between sessions.

Interventions

Individual therapy to help John learn and implement coping skills and to help him identify, process and resolve feelings and concerns.
 Family Therapy to provide psycho-education about depression to increase parents' insight into John, and to increase parents' ability to support and encourage John to utilize new coping skills.

Progress towards challenge

John participated in the extracurricular sport of basketball. John has demonstrated steps to problem solving, identifying and modulating emotions, and relaxation training in session. John brought in homework assignments demonstrating that he used problem solving and relaxation skills for two consecutive weeks. John has brought his feelings journal homework to 10 out of 12 therapy sessions. Education has been provided on identifying and replacing negative, maladaptive thoughts but John cannot consistently demonstrate these skills in session yet and per family report which results in isolating self in room and not regularly attending school.

Identify barriers to the implementation of service & how they these concerns will be addressed?

Consistent parental involvement with IIC would be beneficial to sustain progress towards utilization and reinforcement of skill development/enhancement.
 IIC will continue to explore this area with the family and through the therapeutic relationship, discuss how their involvement will sustain John's progress.

Projected discharge from current service/Recommendations & steps taken to transition family

Expected discharge from IIC- 3 months
 At that time, it would be recommended for John to transition to an outpatient therapist.
 IIC will continue to educate family on the service being short term and for the purposes of stabilization.

Direct Service Provider _____
Signature Date

Licensed Clinical Supervisor _____
Signature Date