



Ocean Partnership for Children Presents

# MINDFUL CREATIONS YOUTH GROUP

Mindful Creations is a place where youth are able to express themselves creativity while learning and discussing the benefits of creativity for our mental health/overall wellness. The group strives for connection, inspiration, imagination, and confidence in sharing a piece of ourselves with the world!

**Group meets every Tuesday  
between 4/7 - 5/13  
from 4:30 PM - 6:00 PM**

Location: OPC Office  
(36 Washington St. Toms River, NJ)

To register, utilize the following QR code:



**SPONSORED BY:**



For questions, contact Lead Facilitator:

Olivia Stragapede ([ostragapede@oceanpartnership.org](mailto:ostragapede@oceanpartnership.org))

FREE TO ALL OCEAN  
COUNTY RESIDENTS  
AGES 14-18

FINAL GROUP  
SESSION TO INCLUDE  
ART SHOWCASE FOR  
FAMILIES!