



Ocean Partnership for Children Presents

## MINDFUL CREATIONS YOUTH GROUP

Mindful Creations is a place where youth are able to express themselves while learning and discussing the benefits of creativity for our mental health/overall wellness. The group strives for connection, inspiration, imagination, and confidence in sharing a piece of ourselves with the world.

Group meets every Tuesday between September 30<sup>th</sup> -November 18th

4:30 PM - 6:00 PM

Location: OPC Office

(36 Washington St. Toms River, NJ

To register, utilize the following QR code:



FINAL GROUP
SESSION TO INCLUDE
ART SHOWCASE FOR
FAMILIES!

FREE TO ALL OCEAN
COUNTY RESIDENTS
AGES 14-18

For questions, contact Lead Facilitator:

Olivia Stragapede (ostragapede@oceanpartnership.org)

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