



OCEAN PARTNERSHIP FOR CHILDREN PRESENTS

# MINDFUL CREATIONS

## YOUTH GROUP

MINDFUL CREATIONS IS A PLACE WHERE YOUTH ARE ABLE TO EXPRESS THEMSELVES WHILE LEARNING AND DISCUSSING THE BENEFITS OF CREATIVITY FOR OUR MENTAL HEALTH/OVERALL WELLNESS. THE GROUP STRIVES FOR CONNECTION, INSPIRATION, IMAGINATION, AND CONFIDENCE IN SHARING A PIECE OF OURSELVES WITH THE WORLD. FREE AND OPEN TO ANY YOUTH IN OCEAN COUNTY AGES 14-18!

**EVERY TUESDAY**

BETWEEN MARCH 3<sup>RD</sup> - APRIL 21<sup>ST</sup>  
4:30 PM - 6:00 PM

**LOCATION:**

OPC OFFICE  
36 WASHINGTON ST. TOMS RIVER, NJ

**QUESTIONS?**

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**FINAL GROUP  
SESSION TO  
INCLUDE ART  
SHOWCASE FOR  
FAMILIES!**

