

RESOURCES

**Ocean County Psychiatric
Emergency Screening Services:**
732-886-4474 or 866-904-4474

**Mobile Response and Stabilization
Services:**
877-652-7624

PerformCare:
1-877-652-7624

Suicide Hotline:
Call or Text 988

NJ Hopeline:
855-654-6735

2nd Floor:
Call or Text 888-222-2228

Trevor Project (for LGBTQ+ youth):
Call 866-488-7386 or Text 678-
678

Ocean Resource Net:
<https://www.oceanresourcenet.org/>

FOR MORE INFORMATION:

**Ocean County Specialized
Care Coordinator:**
Eva Zupan



732-864-6652



ezupan@oceanpartnership.org



732-702-8104



www.oceanpartnership.org



SPECIALIZED CARE COORDINATION SERVICES

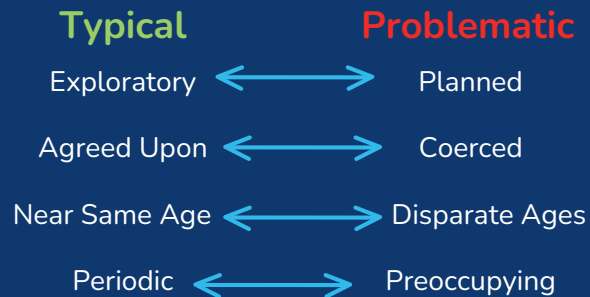
Services to address
Problematic Sexual
Behavior of children and
adolescents.



WHAT IS PROBLEMATIC SEXUAL BEHAVIOR (PSB)?

Problematic sexual behavior (PSB) is sexualized behavior in children and adolescents that is developmentally inappropriate or potentially harmful to themselves or others.

Sexual Behavior is a Continuum



WHAT IS SPECIALIZED CARE COORDINATION?

Specialized Care Coordination helps to ensure that children who initiate or are impacted by PSB, and their families, have access to specialized medical and mental health services.

1

TO ACCESS SERVICES CONTACT:

State Central Registry
1-877-NJABUSE
1-877-652-2873

2

EVALUATIONS

Dorothy B. Hersh
Regional Diagnostic
Treatment Center provides
medical and mental health
evaluations.

Licensed Clinicians trained
in PSB-CBT and TF-CBT
modalities provide mental
health evaluations.

3

RECOMMENDATIONS FOR TREATMENT:

The initial evaluation will provide treatment recommendations, that may include individual, group, and/or family counseling.

4

TREATMENT:

- PSB Trauma Focused-CBT-A
 - For adolescents (13 or older) initiating PSB.
- PSB Trauma Focused-CBT
 - For children (12 and under) initiating PSB.
- Trauma Focused CBT-PSB:
 - For youth impacted by PSB.