

Ocean Partnership for Children's
Youth Empowerment Program presents



YOGA



A fun and supportive yoga group where teens use movement, breath, and mindfulness to release stress, build confidence, and head into summer feeling refreshed and energized. Open to any Ocean County youth ages 13-19.

EVERY MONDAY BETWEEN
MAY 11TH - JUNE 29TH

6:00 PM - 7:00 PM

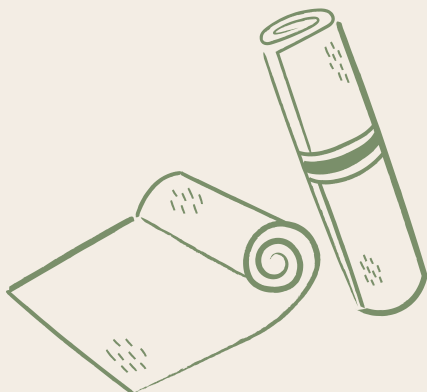
FREE TO ALL
ATTENDEES
& SUPPLIES
PROVIDED!



Ocean Partnership for Children Office
36 Washington St. Toms River, NJ 08753



For any questions, contact Lead
Facilitator Kate Dorando at
kdorando@oceanpartnership.org



scan here to register:



OPEN TO ALL
TEENS - NO
EXPERIENCE
NECESSARY!